

Note: In the text below please interpret “crown” as referring to either your crown, bridge, inlay or onlay.

The tooth we have been working on now has a temporary plastic crown on it pending the construction of your permanent crown, which will be ready in a couple of weeks. Do not be overly concerned about the shape, color or texture of this crown, as it is only temporary.

PLEASE READ AND ACT ON THE INSTRUCTIONS BELOW WHERE TICKED:

- Floss daily around this temporary crown, but do not pull floss upwards (in the case of a lower tooth) or downwards (in the case of an upper tooth), as it may pull your temporary crown off - pull the floss out sideways only.
- Do not floss on either side of the temporary crown at all until the permanent crown is in. If unsure exactly where the crown is, do not floss that area of your mouth.
- Go to the chemist and purchase a bottle of Diffiam-C. (Must have the “C”; do not confuse with ordinary Diffiam). Your gums may be sore after the work done today and this rinse will reduce the pain and make the gum healthier. Even if it doesn’t hurt, rinse out with this twice a day (in the morning after breakfast, and just before bed), every day, until your appointment to cement the permanent crown. This makes the gum healthier and tighter at the next appointment and causes less bleeding and contamination during the cementing of the permanent crown.
- Go to the chemist and purchase a bottle of Savacol (a green mouthwash - do not confuse with Cepacol). Rinse with this morning and evening until your appointment to cement the crown.
- IMPORTANT:** Do not eat hard or sticky foods eg. Toffees or caramels, as they may pull the temporary crown off. Avoid very hard or crunchy foods such as boiled sweets, nuts etc, as they may crack the plastic temporary crown.

- Your tooth is a “vital” which means it has a normal, functioning nerve. It is normal that it may react to brushing and hot and cold. This will not harm the tooth or nerve.
- Your tooth is “non-vital” which means it has no nerve in it. Therefore there will be no pain or sensitivity if the crown comes off, but it may feel strange for a day or two.
- Your particular situation requires immediate re-cementing if the crown comes off. Call the surgery ASAP if this happens.

IF THE TEMPORARY CROWN COMES OFF:

1. Simply push it back on and bite down hard on it for a minute - it may stay on due to friction. If it doesn’t stay on and is causing you a significant problem, call the surgery and arrange to have it re-cemented.
2. If it comes off and won’t stay on after you put it back, it may be acceptable to leave it off until your next appointment, but call the surgery to make sure. If it is only a few days before your next appointment, it is usually alright to leave it off and not necessary to call the surgery, unless you are concerned.

FOR PATIENTS WHO ARE WHITENING THEIR TEETH WITH THE TEMPORARY CROWN ON.

Continue your whitening treatment until you get to a point where the teeth won’t go any whiter, or you reach a point where you consider them to be white enough.

When you reach this point call the surgery straight away and make an appointment for about two weeks time. This will allow the color to settle back to its normal re-hydrated long term appearance before we take the shade to match your new crown, or before we do further colour dependant work.